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VISION ZEROCO Safety.Health.Wellbeing.	FORM	ALL MANAGEMENT LEVELS	OSH PROFESSIONALS	EMPLOYEES
QUANTITATIVE ASSESSMENTS OF CURRENT ORGANISATIONAL PREVENTION LEVEL ON WELL-BEING	Electronic questionnaires and workshops	Ø	Ø	Ø
SELF-EVALUATION ON OWN ROLE AND EFFORT IN PROMOTION OF WELL-BEING	Electronic questionnaires and workshops	Ø	0	0
PROACTIVE LEADING INDICATORS ON WELL-BEING	Strategic consultancy and workshops	Ø	0	0
ROLES AND RESPONSIBILITIES ON WELL-BEING FOR EACH VISION ZERO 7 GOLDEN RULES	Strategic consultancy and workshops	Ø	Ø	Ø







# ISSA Vision Zero guide - Wellbeing

### **VISION ZERO**

VISION ZEROCO

Safety Health Wellbeing

7 Golden Rules – for zero accidents and healthy work A guide for employers and managers





The ISSA Vision Zero guide on wellbeing complements :

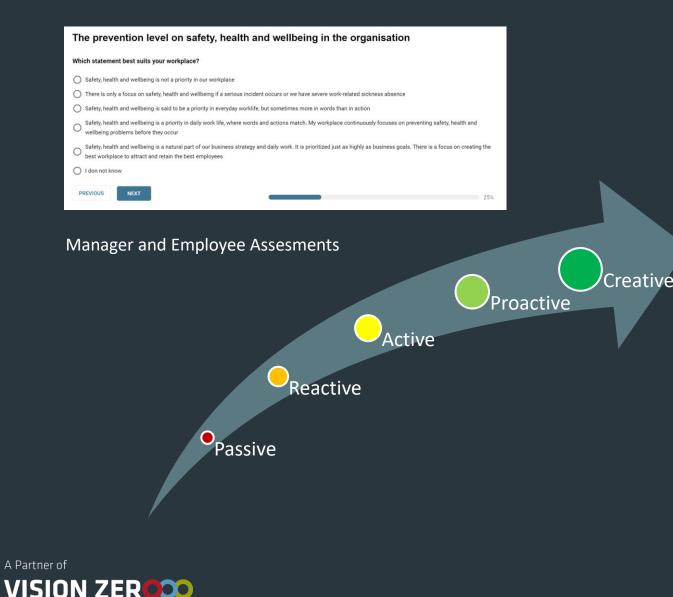
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- The ISSA Guide for Vision Zero and its 7 Golden Rules for zero accidents and healthy work
- The ISSA Proactive Leading Indicators guide to measure and manage safety, health and wellbeing (SHW) at work
- The ISSA Guidelines on Workplace Health Promotion
- The ISO 45003 standard on psychological health and safety at work: Guidance on managing psychosocial risks
- The tools included in this Guide is applicable to organizations of all sizes and is meant to indicate the prevention level at which the organization is operating according to the Vision Zero Company Maturity Scale Model.

# THE VISION ZERO COMPANY MATURITY SCALE MODEL





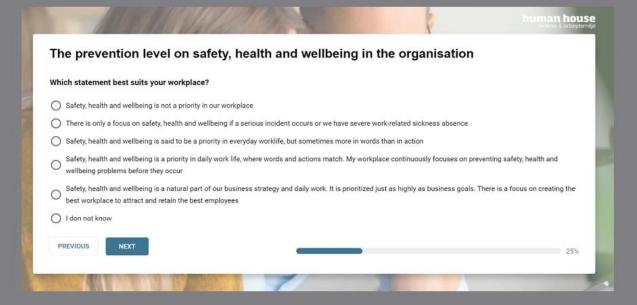
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- The Passive Level: Wellbeing is not a priority in the organisation
- <u>The Reactive Level</u>: The organisation only focuses on wellbeing in case of for example many stress incidents or conflicts
- <u>The Active Level</u>: Wellbeing is said to be a priority, but there is not always consistency between words and actions in the organisation
- <u>The Proactive Level</u>: The organisation prioritizes wellbeing and focuses on preventing wellbeing problems before they occur
- <u>The Creative Level</u>: Wellbeing is an integrated part of business leadership with an ongoing daily focus. There is a focus on creating the best workplace to attract and retain managers and employees



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# Quantitative measurement of the organisation's prevention level



- IT-based questionnaire distributed by e-mail, phone or paper
- 10 questions to be answered anonymously by managers and employees
- Available in English with the possibility of adapting to any language
- Questionnaire can be adapted to local conditions
- The questionnaire can be adapted specifically to both safety, health, and well-being

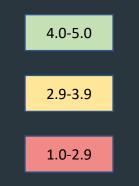
# A Partner of VISION ZERCOO

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Vision Zero Golden Rules Scale 1-5 average		Employees	Managers	Senior Leadership Team	Total
VISION ZEROCO Safety Health Wellbeing.	Prevention level	3.2	3.4	4.0	3.3
$\odot$	1. Take leadership	3.4	3.3	4.2	3.4
$\triangle$	2. Identify hazards	3.5	3.6	4.3	3.6
0	3. Define Targets	3.2	3.6	4.0	3.5
	4. Ensure a safe and healthy system	1.7	2.9	3.2	1.9
	5. Ensure safety and health in machines, equipments and workplaces	3.1	3.1	3.3	3.1
	6. Improve qualifications	1.9	2.1	3.1	2.2
	7. Invest in People	3.1	4.1	4.2	3.5

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# Mapping of company prevention level Overview of results



Prevention level 4.0-5.0 is the proactive level in accordance with Vision Zero, international research and practice as well as the sustainability agenda.

Proactive Creative Passive



Vision Zero 7 Golden Rules on Wellbeing

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**1. Take leadership** – demonstrate commitment to the wellbeing of both managers and employees

**2.** Identify hazards – perform wellbeing risk assessments fx when planning organizational- and work changes

3. Define Targets – develop proactive leading indicators on wellbeing

**4.** Ensure a safe and healthy system – create an ethical framework on wellbeing



5. Ensure safety and health in machines, equipments and workplaces - prevention through design of fx IT-systems

6. Improve qualifications – develop manager and employee competences in relation to wellbeing

**7.** Invest in People – involve employees systematically and regularly in wellbeing dialogues

VISION ZERO

**Proactive Leading Indicators** A guide to measure an and wellbeing at work



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https://visionzero.global/sites/default/fi les/2021-04/2-VZ\_Indicators092020.pdf



	Vision Zero	7 Golden Rules	Examples – Proactive Leading Indicators on wellbeing
yudadeg	$\odot$	<b>1. Take leadership</b> Do managers demonstrate visible commitment to wellbeing?	<ul> <li>Frequency of wellbeing as part of department meetings or 1-1 dialogues</li> </ul>
		<b>2.Identify hazards</b> Do we manage and evaluate risks on wellbeing?	Number of risk assessments of organizational changes
	0	<b>3.Define Targets</b> Are wellbeing efforts evaluated in relation to defined goals?	Evaluation of objectives set on selected Workplace Assessment results (surveys)
		<b>4.Ensure a safe and healthy system</b> Is wellbeing included in start-up meetings?	<ul> <li>Frequency of start-up meetings with well-being on the agenda (for example workload and collaboration in the group)</li> </ul>
	***	5.Ensure safety and health in equipment and workplaces Is wellbeing included in procurement processes and design?	• Frequency of wellbeing considerations included when investing in new IT solutions (for example requirements for complexity and learning of new processes)
		<b>6.Improve qualifications</b> Is wellbeing included in manager and employee education?	<ul> <li>Number of education programs including well-being (for example stress prevention, guidelines for good manners, policies for abusive behavior - or current topics such as wellbeing in relation to Covid-19)</li> </ul>
A Partner of		7.Invest in People Are managers and employees recognized for good wellbeing behavior?	Number of knowledge sharing on good well-being initiatives and best practices
VISION ZE	RODD		

## Top- and middle management Self-Assessment of leadership tasks on Wellbeing human house

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### Vision Zero Leadership Self Evaluation Test

0	Fully implemented
0	Room for improvement
0	Action required



### Name:

	Wellbeing	х
1.	I demonstrate the importance of mental well-being, set the standards, and serve as a role model for my managers and employees.	000
2.	Mental well-being takes precedence for me - in case of doubt I say "stop."	000
3.	I discuss mental well-being matters with my direct reports.	000
4.	My direct reports know how important mental well-being is to me. Procedures are followed equally by all managers and employees.	000
5.	I praise correct action and consistently address misconduct.	000
6.	I invest in mental well-being in the enterprise.	000
7.	My direct reports have sufficient time to do their work.	000
8.	I make sure that adequate means and a financial budget are provided to ensure mental well-being at work.	000

### What are your leadership tasks?

- Know and understand the main wellbeing risk factors in your area
- Be accountable for action plans to mitigate the risks Evaluate that initiatives are working
- Gather, implement and share learnings
- Ensure ongoing focus on wellbeing in the daily work and in connection with changes
- Consider how your decisions affect well-being in other parts of the organization

### **Examples of leadership tools**

- Manager walks (including wellbeing) PLI defined
- Manager TALKS (teams and 1-1) PLI defined
- WPA, risk assessments and HS group meetings PLI defined
- Root Cause Analysis resulting in preventing action plans
- Knowledge sharing of wellbeing incidents and actions



### What are your leadership tasks?

Define targets and actions to handle identified wellbeing risks in your area Make sure all employees understand the targets - and how they contribute to the solutions Follow up on action plans · Communicate results and learnings to employees and relevant stakeholders Include product managers, project managers etc. in targets and action plans

### Examples of leadership tools

 Manager walks (including wellbeing) – PLI defined Manager TALKS (teams and 1-1) - PLI defined WPA, risk assessments and HS group meetings – PLI defined Knowledge sharing of wellbeing incidents and actions SafetyNet action plans

### Take leadership and demonstrate commitment



Your leadership is decisive for a profitable business with wellbeing for managers and employees- both in word and action. You play an important role in sharing knowledge about best wellbeing practices and encouraging proactive thinking across the organization.

### What are your leadership tasks?

- Act as role model on wellbeing
- Ensure sufficient resources are prioritized (time, competence and finance)
- · Integrate the wellbeing mindset into all parts of business tasks
- Motivate and address misconduct
- · Consider wellbeing when planning and delegating tasks to employees
- · Continuously communicate the objective of wellbeing and engage in the dialogue about how to progress

### **Examples of leadership tools**

- Manager walks (including wellbeing) PLI defined
- Manager TALKS (teams and 1-1) PLI defined
- Policies, procedures, instructions and guidelines on wellbeing (stress prevention, harassment) PLI defined





# Development of IOSH Vision Zero Wellbeing Course

# Certified Vision Zero training **VISION ZEROOO**





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# Output

- Explain the concept of Vision Zero as a preventative strategy for wellbeing
- Define the principles of each of the 7 Golden Rules for wellbeing
- Identify the organization's current position on its journey towards Vision Zero on wellbeing
- Describe the benefits that adopting a Vision Zero strategy on wellbeing could bring to the organization
- Define the actions required to implement the Vision Zero strategy on wellbeing into the organization
- Identify the tools that are available to help you implement Vision Zero on wellbeing within the organization